

Mung Bean Protein vs Dairy Protein: Consumer Perceptions and Trends

Sources:

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- Nutritional and functional comparisons (Idaho Milk Products, 2021)[3][47]
- Flavor and allergenicity insights (MDPI Foods, 2025)[12]
- Sustainability statistics (FAO and Carbon Brief)[27][28]
- Unilever on mung bean sustainability and health benefits[5][8]
- Vitaquest (nutraceutical) on plant vs whey protein differences[22][18]
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